

MASON COUNTY BOARD OF HEALTH PROCEEDINGS

May 27, 2014

Commission Chambers

511 North 5th Street

Shelton, WA 98584

Attendance: Randy Neatherlin, County Commissioner; Tim Sheldon, County Commissioner; Terri Jeffreys, County Commissioner; Terry McGiveron, Hospital District #1; Peggy VanBuskirk, Hospital District #2; Frank Phillips, Fire Commissioner; Mike Olsen, City of Shelton Commissioner. Vicki Kirkpatrick, Health Director

Guests: Tim Whitehead, Mike Dorsey, Debbie Riley, Winfried Danke, Ellie Branson, Kris Gaa, Elizabeth Custis, Dr. Lystra Celestine, Dr. Rose Ann Rayos, Susan Herrick, Heidi Iyall, Lydia Buchheit and Dr. Diana Yu.

1. The Chairperson called the meeting to order at 3:30 p.m.
2. Approval of the Agenda: **Sheldon/VanBuskirk moved and seconded to adopt the agenda as revised; moving item #6 to item #5 to allow the public health officer to speak before discussion on the state innovation plan. Motion carried unanimously.**
3. Approval of minutes: **Olsen/Vanbuskirk moved and seconded to adopt the regular meeting minutes of March 25, 2014 as presented. Motion carried unanimously.**
4. Community Health Improvement Plan Priority: Eating for Health
Vicki Kirkpatrick introduced the topic of Eating for Health and encouraging breast feeding and introduced Dr. Celestine, Dr. Reyes and Kris Gaa.

Dr. Celestine, Dr. Reyes and Kristine Gaa presented information about the benefits of breast feeding for both mothers and babies. The following topics were discussed:

Babies who are breast fed are typically very healthy and have less sickness and disease. Mothers who breast feed typically have a lower risk of cancer. There are also huge economic benefits.

Negatives effecting breast feeding were discussed. Negatives include being asked to breast feed in the restroom, non-supportive co-workers and lack of communication regarding policies on breast feeding.

Stategy: Support and encourage breast feeding with consistent messaging.

Outcome: Provide breast feeding awareness to employers and educate employers on the fair labor standard act and policies to support breast feeding.

Dr. Celestine asked Mason County to check for a Mason County Breast Feeding policy and to adopt a resolution in support of breast feeding.

The Board and guests discussed breast feeding and the possibility of the resolution supporting breast feeding in the workplace.

Cmmr. Jeffreys asked how this data was collected.

Dr. Reyes answered this data came from WIC (Women, Infants, and Children program).

BOARD OF HEALTH PROCEEDINGS
May 27, 2014 - PAGE 2

Cmmr. Sheldon stated that the resolution would bring awareness to breast feeding and awareness of the benefits.

Dr. Yu is in favor of supporting best practices.

Cmmr. Sheldon mentioned that Mason County does not have a Breast Feeding policy in place and it may be a good idea to put a policy in place and approve a resolution simultaneously.

Vicki Kirkpatrick agrees to develop a policy.

5. Health Officer Report: Dr. Diana Yu

Health Officer Dr. Yu gave an update on diseases and reminded everyone the dangers of summer food.

Cmmr. Jeffreys asked about the cancer rate in Mason County relating to water quality.

Dr. Wu stated the biggest cancer in Mason County is tobacco related. There is not a rise in cancers relating to polluted or toxic water.

Cmmr. Jeffreys stated she asked because there is a lot of concern in the community regarding aquifers and the public would like to know the facts.

Dr. Wu reiterated that nothing jumps out related to water causing cancer. She says there are many things that contribute to cancer so it's hard to narrow down. Water related cancers do exist in Mason County but it's sometimes difficult to narrow down because it may be caused by so many different situations. The Department of Ecology does their best to monitor for problems.

Cmmr. Neatherlin asked if there is a map related to cancer.

Dr. Wu states they do not have a map. She added they do have cancer data but they do not use a map.

Mike Olsen stated that an oral or written report relating to this topic would be nice and added that scientific data seems necessary to help the community understand what the risks are and are not.

6. State Health Care Innovation Plan: Regional Accountable Communities of Health:

Vicki referred to the last meeting and the presentation on Health Care Collaboration

Winfried Danke advised the Board that ten counties are interested in joining

Cmmr. Jeffreys stated that the last presentation left everyone a bit confused

Terry McGiveron stated they are focused on the needs and initiatives at hand now.

Cmmr. Neatherlin has his own concerns and feels Public Health does a good job by itself although he is open to listen and learn more about the benefits of collaborative healthcare.

BOARD OF HEALTH PROCEEDINGS
May 27, 2014 - PAGE 3

Vicki Kirkpatrick stated that state and federal dollars will be used and there is a strong possibility that more federal grants will be added for implementation of this process. This process is designed to help save money over time; better care, less cost and better quality.

Commr. Sheldon interjected that this is hard to understand how this will work and yet the county is being asked for something; although this process has not been defined.

Winfried Danke stated that he needs to know if Mason County would like to participate in the collaborative effort. If, at a later date, it is discovered that this is not something Mason County wants to be part of there is always an out. Mr. Danke stated that all he is asking at this time is if Mason County will participate. He reiterated that there is an out at any time and that there is no cost.

Van Buskirk/Olsen moved and seconded that Mason County explore the planning process led by Choice Regional Health to develop a plan for an accountable community of health with shared priorities and an implementation plan. Motion carried unanimously.

7. Board Discussion/Comment: There was no additional discussion or comment.
8. Public Comment: There was no additional public comment.
9. Adjourn - The meeting adjourned at 5:41 p.m.


Terri Jeffreys, Chair


Tim Sheldon, Commissioner

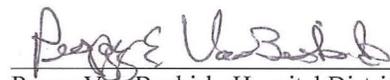

Randy Neatherlin, Commissioner

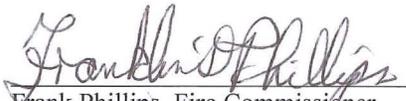
ATTEST


Clerk of the Board

BOARD OF HEALTH
MASON COUNTY, WASHINGTON


Vicki Kirkpatrick, Health Director


Peggy Van Buskirk, Hospital District #2


Frank Phillips, Fire Commissioner


Mike Olsen, City of Shelton Commissioner


Terry McGiveron, Hospital District #1