

MASON COUNTY BOARD OF HEALTH PROCEEDINGS
September 23, 2014

Attendance: Randy Neatherlin, County Commissioner; Tim Sheldon, County Commissioner; Terri Jeffreys, County Commissioner; Terry Megiveron, Hospital District #1; Peggy VanBuskirk, Hospital District #2; Frank Phillips, Fire Commissioner; Mike Olsen, City of Shelton Commissioner. Guest: Debbie Riley

1. The Chairperson called the meeting to order at 3:36 p.m.
2. Welcome and Introductions.
3. **Sheldon/Olsen moved and seconded to adopt the agenda as published. Motion carried unanimously.**
4. **Van Buskirk/Sheldon moved and seconded to adopt the regular meeting minutes of July 22, 2014 as presented. Motion carried unanimously.**
5. Health Officer Report- Dr. Diana Yu

- 5.1 Cluster Investigation: There are certain diseases that come in clusters so they are noticed. When a cluster is noticed, the State Board of Health needs to be contacted. They will need: who, what, where and when.

Cmmr. Sheldon commented it seems similar to clusters of dangerous roads and assessing more dangerous areas.

Dr. Yu explained that Cancer in not one disease. She added that cancer is defined as abnormal cells that grow.

When people see clusters they assume it's the water. Although it could be, it isn't necessarily true.

Cancer is not acceptable but there is an acceptable risk. People choose to do things even knowing of risks. Smoking is a risk.

Some known causes of cancer are: Smoking, obesity, growing older, sunlight, carcinogens, and early or unprotected sexual contact.

Statistics in Mason County: The number cause of death in Mason County is heart disease. The largest type of cancer in Mason County is lung cancer.

- 5.2 Cancer Rates - Dr. Yu spoke about cancer rates in Mason County. The earlier cancer is detected the lower the mortality rate. Most cancers are screened for except lung cancer, which is hard to screen. It is hard to compare Mason County cancer rates with other counties because Mason County's numbers are so small.

Washington State compared to the Nation is middle of the road.

Vicki asked if there is data to show early screening vs. later screening.

Dr. Yu said she does not know.

Mike Olsen asked if someone dies of cancer at age 85 or 90, would that be considered old age rather than a cancer statistic. He commented that Mason County has a significant number of elderly people.

Peggy Van Buskirk mentioned that people come to Mason County for retirement and so very well could have been exposed in a different county or state.

BOARD OF HEALTH PROCEEDINGS
September 23, 2014 - PAGE 2

Water is a contributor to kidney and liver cancer due to chemicals as apposed to lung cancer. Dr. Yu also mentioned wood smoke in the air is more prevalent in Mason County.

Example Goose Lake: The unknown is a big concern. Dr. Yu said that there are standards that have been followed although people don't want to take the risk. She said as a public health entity, they look at what the risks are based on the information that is available now. It is a challenge. She left some information from the National Cancer institute.

Cmmr. Sheldon asked if there are any cancer clusters around the dump in Shelton.

Dr. Yu answered no.

Frank commented that he noticed population differences in the comparison data.

Terry Megiveron stated that this data is based on people diagnosing and reporting.

Cmmr. Jeffreys thanked Dr. Yu for the presentation.

Dr. Yu added that Enterovirus has been confirmed in Seattle but not in Mason County. She said it is a strain they haven't seen. She stated that Mason General Hospital does have a way to screen if there is suspected exposure. She also mentioned ebola and said that there are systems in place should an outbreak occur.

Dr. Yu stated that ebola is not a casual contact disease. It would be transmitted by significant contact. She stated it is a greater concern when traveling to and from West Africa. The CDC (Center for Disease Control) website is a good resource for additional information about ebola.

6. Community Health Improvement Partnership update: Lydia Buchheit:
Community Health Assessment:

They have narrowed down to focus on three priorities for tracking purposes:

1. Access and appropriate use of healthcare service
2. Train and prepare workforce with living wage jobs.
3. Functional Families (housing, eating for health, substance use)

Their next meeting will be October 23. There are a couple of examples other entities using Insight Vision. The examples she has looked at are Weld County and Snohomish County.

Terry said aligning resources and staying focused is beneficial.

Lydia said this is huge and there are many great organizations to pull in.

Vicki stated they are looking into engaging BOH into more things. She thinks it would be valuable and the BOH would have knowledge of things happening in the community and giving input and making recommendations to the County Commissioners. Vicki stated she would like to build collective impact and alignment from the ground up.

Cmmr. Jeffreys said her hopes are that would be that as policy makers they are targeting with a baseline and tracking. She added there are a limited number of funds with many priorities.

Terry said when you focus down there is alot of alignment. He added that we are fortunate that we have these relationships.

Cmmr. Jeffreys asked what this next step is going to be.

BOARD OF HEALTH PROCEEDINGS
September 23, 2014 - PAGE 3

Lydia said they are going to try to build alignments with the three. The goal is to have a clear picture for the community. The group will decide what to measure and start with a baseline.

Terry Megiveron stated it's similar to measuring access to primary care and starting with a baseline.

Lydia announced they have hired Allie Perline. Allie is relocating from Vermont and has a Master's Degree in Public Health. She will be replacing Heidi Iyall.

City Cmmr. Mike Olsen left the meeting.

Terry Megiveron reiterated that as a new member, he would like extra explanation as to what the role of the Board of Health entails.

Vicki is wondering if a Board of Health orientation would be helpful. She also mentioned possibly informing the Board on all the upcoming changes and the current budget.

Cmmr. Sheldon asked about clinical care, primary care, dental and mental health. He said it is stark.

Terry Megiveron agrees that this is a challenge and we need to get some funding.

Vicki agrees it is stark and there is definitely a shortage of providers.

7. Drug Take Back Boxes in the North End –

The Mason County Sheriff's office would like to add a second take back box to be located at the North Precinct. From June 2013-June 2014 they have collected 1000 pounds of drugs. The two hospital districts purchased the boxes initially. Peggy and Vicki will follow up.

8. November 2014 Suggested Agenda Items Ideas – 2015 budget.

9. Board Discussion – There was no additional Board discussion.

10. Public Comment - There was no public comment.

Frank Phillips informed everyone that Fire Safety Week will take place the second week in October. There will be open houses at every fire district in Mason County. Mason County Fire Safety week will be advertised in the newspaper next week.

Next Meeting: November 25, 2014

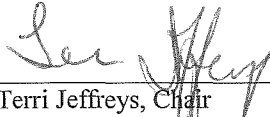
11. Adjourn - The meeting adjourned at 5:17 p.m.

BOARD OF HEALTH PROCEEDINGS
September 23, 2014 - PAGE 4

ATTEST


Clerk of the Board

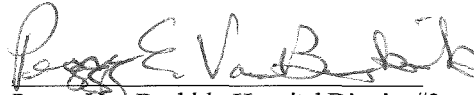
BOARD OF HEALTH
MASON COUNTY, WASHINGTON


Terri Jeffreys, Chair


Tim Sheldon, Commissioner


Randy Neatherlin, Commissioner


Vicki Kirkpatrick, Health Director


Peggy Van Buskirk, Hospital District #2


Frank Phillips, Fire Commissioner


Mike Olsen, City of Shelton Commissioner


Terry Megiveron, Hospital District #1