

MASON COUNTY BOARD OF HEALTH PROCEEDINGS
September 27, 2016

Attendance: Randy Neatherlin, County Commissioner; Tim Sheldon was absent, County Commissioner; Terri Jeffreys, County Commissioner; Eileen Banscome, Hospital District #1; Peggy Van Buskirk, Hospital District #2; Vacant, Fire Commissioner; Kathy McDowell, City of Shelton Commissioner.

Eileen Branscome and Terri Jeffreys arrived at 3:38 p.m.

1. The Chairperson called the meeting to order at 3:35 p.m.
2. **Jeffreys/Neatherlin moved and seconded to adopt the agenda as published. Motion carried.**
3. **McDowell/Neatherlin moved and seconded to adopt the regular meeting minutes of July 26, 2016 as presented. Motion carried.**
4. Mason Matters Update: Kim Klint/Jeanne Rehwaldt were not present.
5. Health Officer Report: Dr. Yu was not present.
6. Foundational Public Health – Dave Windom spoke about Foundational Public Health. He spoke about funding principles and how to distribute. He spoke about filling the gaps and keeping things running in the small, rural communities. Washington State Public Health Association will be giving a presentation next week. Dave also mentioned staffing issues and especially a need for nurses.

Dave Windom also spoke about suicide statistics in Mason County. He said there is a trend towards lower ages. He said there are a number of contributing factors including: facing incarceration, chronic disease and chronic pain. He added that that the younger generation doesn't seem to have the coping mechanisms regarding relationship failures.

7. Funding Updates
8. Replacement of Frank Phillips on the Board of Health - The group discussed choosing a Fire Commissioner and/or a representative from the school districts. There may be a proposed rotation of different school district representatives. Schools discussed were: North Mason, Mary M. Knight and Shelton. The group agrees that a two year rotation seems appropriate. The Chair of the School Board which represents all the schools could also be considered.

Chair Jeffreys commented that since Frank was a Fire Commissioner, would a Fire District representative still be appropriate. She also mentioned School Board representation.

Cmmr. Jeffreys/McDowell moved and seconded to direct the Community Services Director to send a letter to Mason County Fire Commission Association requesting a replacement for Frank Phillips on the Mason County Board of Health. Motion carried.

Dave Windom clarified that we are asking the Fire Commission and School Board and possibly considering a two year rotational schedule.

Cmmr. Jeffreys/Neatherlin moved and seconded to expand the Board of Health membership to include two School Board Directors consisting of one from the south end and one from the north end of the County and that each member be selected on staggered terms and the south end representative begin with a two-year term upon selection and the north end representative start with a one-year term and thereafter each be selected on a two year term. Motion carried.

9. Other Business and Board Discussion – Debbie Riley announced that nothing is wrong with the water in Mason County. She stated there was a posting on social media today about the water system in Belfair

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being contaminated by e-coli. There was a small issue in a small area about a week ago and it has been being taken care of. There has been no sickness reported.

Cmmr. Jeffreys spoke about opiate overdoses and deaths in Mason County. She anticipates this will be a future topic.

Cmmr. Neatherlin said the Opiate Forum was very informative and well attended. He also spoke about finding more information about a suboxone clinic. A methadone clinic needs federal approval. Suboxone treatment needs to be connected with a true treatment program.

Cmmr. Jeffreys said the Behavioral Health Organization (BHO) will meet on October 7th at 1:30 p.m. to discuss the budget and how to use the monies. This is an opportunity to address local issues. She hopes people will attend for input and ideas. She hopes to get some local criminal justice contributions as well.

10. Public Comment - There was no public comment. The November meeting will be scheduled the Tuesday after Thanksgiving, November 29.
11. Adjourn-The meeting adjourned at 4:32 p.m.

Dave Windom, Health Director

Eileen Branscome, Hospital District #1