



## Raw Chicken: Safe Handling Practices

Due to the recent *Salmonella* outbreak associated with raw chicken products from Foster Farms, Mason County Public Health would like to remind the public that following proper food safety guidelines can reduce the likelihood of a *Salmonella* infection.

### Clean

- Wash hands, utensils, cutting boards, sinks, and countertops with soap and warm water immediately after they have been in contact with raw chicken.
- Food contact surfaces may be sanitized with a freshly made solution of 1 tablespoon of unscented, liquid chlorine bleach in 1 gallon of water.

### Separate

- Do not let raw chicken juices leak onto cooked or ready to eat food.
- Keep raw poultry separate from other foods (especially fruits and vegetables) in your shopping cart, grocery bags, and refrigerator. Put poultry into a plastic bag to prevent drips that may contaminate other food.
- If possible, use one cutting board for fresh produce and a separate one for raw meat, poultry, and seafood.
- Never place cooked food on a plate that previously held raw meat, poultry, or seafood.

### Cook

- Cook poultry to 165°F or above in order to destroy harmful bacteria.

### Chill

- Chill food promptly and properly. Refrigerate or freeze perishables, prepared foods, and leftovers within 2 hours.

If you or someone in your family has symptoms of *Salmonella*, especially if you've eaten any of the Foster Farms products listed in the [USDA's alert](#), contact your health care provider. Symptoms of a *Salmonella* infection include diarrhea, fever, and abdominal cramps 12 to 72 hours after infection. The illness usually lasts 4 to 7 days, and most people recover without treatment.

For more information about the *Salmonella* outbreak please visit [CDC's website](#), or contact Mason County Public Health at 360-427-9670 ext. 400.

Mason County Public Health  
415 N 6<sup>th</sup> Street, Bldg 8, Shelton WA 98584  
Shelton: (360) 427-9670 ext 400 ❖ Belfair: (360) 275-4467 ext 400 ❖ Elma: (360) 482-5269 ext 400  
FAX: (360) 427-7787