

PARTICIPANT HANDBOOK

Mason County Veterans Court Program



The mission of the Veterans Court is to enhance public safety and reduce recidivism of criminal defendants who are Veterans or Active Duty by connecting them with VA benefits, treatment services and supports, and to find appropriate dispositions to their criminal charges, by considering the defendant's treatment needs, within the guidelines of the Mason County Veterans Court.

*Mason County Courthouse
Shelton, WA 98584
360-427-9670 Ext 296*

This Veterans Court has been developed because we in the justice system realize that helping a person to address the core issues that lead to criminal behavior is often better than putting someone in jail for an extended period of time.

We want you to succeed. If you do succeed in Veterans Court, you and your family and the community will be much better for it.

This handbook is designed to answer your questions and provide you with information about the Veterans Court Program. In this program, you will hear the word accountability over and over again. As a participant, you are expected to comply with all aspects of this handbook, the Veterans Court Program Contract, and all instructions given in court by the judicial officer. Your compliance is part of accountability. Your compliance will lead to your success in this program and in other areas of your life as well.

As you read through this information, you may have some questions or there may be some things that are not clear to you. Please take the time to speak with your attorney, counselor, court case manager, and the therapeutic program manager if you have any questions. You are encouraged to share this handbook with your family members, significant others, and/or close friends.

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Veterans Court Brief Description

The office of the prosecuting attorney decides who may be considered for Veterans Court. The Veterans Court program is a **post-plea, court-supervised**, comprehensive treatment program for non-violent offenders who and otherwise appropriate candidates who have been diagnosed with either substance use disorder and/or a mental health disorder and who are serving or have served in any branch of the United States Military.

It is a voluntary program. Veterans Court is a privilege.

The program includes regular court appearances before the judicial officer and the other team members. Treatment may include but is not limited to, mental health treatment and/or substance use treatment, referral to community resources/services, regular attendance at recovery/support groups, and random drug and alcohol testing.

What is the Typical Process for Acceptance into Veteran's Court?

Again, the Mason County Veterans Court (hereinafter VC) is a post-plea program for defendants who are veterans or active duty and who are diagnosed with a mental health disorder or a substance use disorder. If you want to be considered for VC, you must enter a guilty plea and take responsibility for your conduct. After that, the prosecutor will review your case to determine if you are eligible and appropriate for VC. If deemed eligible by the prosecutor, the VC team evaluates the appropriateness of the referral, and then an applicant is either accepted into VC or referred back for sentencing. The final decision will rest with the court.

In general terms the case processing will be as set forth below:

- 1) Defendant charged in Mason County Superior Court or District Court. For defendants charged in District Court, the case must be transferred to Superior Court.
- 2) Defendant accepts responsibility for their conduct and enters a guilty plea,
- 3) The matter is set for sentencing,
- 4) The matter is referred to the Mason County prosecutor's office for initial review,
- 5) The Mason County prosecutor conducts an initial review of the defendant's case and any exclusionary criminal conduct or other exclusionary concerns,
- 6) The matter is deemed acceptable for VC by the Mason County prosecutor and forwarded to the therapeutic court program manager or the case proceeds to sentencing.

- 7) The matter is reviewed by the therapeutic court program manager for assessment and information gathering to confirm that the defendant is a Veteran with either a mental health or substance use diagnosis and has completed a Risk and Needs assessment.
- 8) The matter is referred back to the VC team for evaluation and recommendation to the Superior Court regarding suitability for VC,
- 9) The Superior Court makes the final determination regarding suitability after consideration of the VC team's recommendation.
- 10) After entry into VC, appropriate services are offered and the defendant proceeds through VC services which include regular court hearings and specific required interventions,
- 11) The defendant either complies with VC requirements or they do not. If in compliance, then the case is dismissed at graduation. If non-compliance, then those violations will be addressed by the court. Violations could require community service, written assignments, jail time or termination. If termination occurs, then the matter is scheduled for sentencing.

NOTE: Be advised if you are not accepted into Veteran's Court for any reason then your case will proceed to sentencing.

What are the Eligibility Criteria for Veterans Court?

NOTE: The information below refers to statutes and includes some language sections that have important legal definitions. You should talk with your attorney about this section and all of this document to clarify any questions you may have.

In order to be eligible for VC the following criteria must be met:

- A. The defendant must be a veteran or active duty service member. If you are an active duty service member, you must be available to participate for at least 12 months. Being active duty does not exclude you from participation in the VC; however, your command staff will need to ensure that you will be “reasonably available” to participate in the program. Current member: You must disclose any Permanent Change of Station or deployment orders.
- B. There must be an open criminal case within the jurisdiction of Mason County,
- C. The defendant and their current charge must be acceptable to the Mason County Prosecutor's Office,
- D. The current charge must not be a violent offense as defined in RCW 9.94A.030,
- E. The current charges and previous convictions must not be excluded by RCW 2.28.180,
- F. The defendant must meet the criteria for a substance use disorder diagnosis or with a mental health diagnosis as defined and recognized by the American Psychiatric Association Diagnostic and Statistical Manual, *Fifth Edition, Text Revision (DSM-5-TR)*
- G. The defendant must be competent per RCW 10.77,
- H. Suitability for participation will also be examined. Factors of which include the ability to benefit from treatment, amenability to intense supervision and therapeutic benefit of program participation.

- I. In order to be considered for VC the defendant must have entered a guilty plea.
- J. The defendant must sign all necessary release forms so that the VC team and all treatment providers and/or mental health professionals can communicate with each other.

Program Compliance, Accountability, and Confidentiality

Program Compliance

- Attendance is mandatory for all scheduled treatment, program services, activities, appointments and court appearances. You must provide your court case manager with written documentation from the hospital, physician, court, jail, or law enforcement if any of these are related to a missed obligation no later than the next business day. If you anticipate a conflict in your schedule or need to adjust your schedule, you must reach out to your treatment provider or court case manager **prior** to the appointment.
- Arriving late to scheduled appointments, treatment sessions, activities and/or court appearances may result in a violation. You must also stay for the duration of the appointment, treatment session, activity and/or court appearance.
- Participation: All program services require active participation and self-disclosure. Attendance alone does not equate to active program participation. Examples of active participation include completing any homework assignments and engaging in discussions.
- Contract Compliance: You must pay close attention to complying with all terms of the Veterans Court Program Contract, the Provider Treatment Plan and any other court ordered requirements. Failure to comply with these requirements may result in a violation.

- Each and every time you have contact with a law enforcement officer on official business, you must report the incident to your attorney and your court case manager no later than the next business day.
- All program and contract violations and all illegal behavior must be reported to your attorney and your court case manager no later than the next business day.

Program Honesty, Communication, and Accountability

- Honesty and communication are the most important behaviors with Veterans court.
 - Honesty means being honest with yourself, your treatment providers, and with the therapeutic court team
 - Communication means being proactive and keeping your treatment providers and therapeutic court team informed.
- You will be routinely monitored and held accountable for all your actions

Program Confidentiality

- You are required to sign release of information (ROI) forms so that all Veterans Court team members have access to all information contained at all agencies and/or with any individuals providing services to you.
- The Veterans Court team members will exercise discretion in what is discussed in court.
- For treatment services to be effective, it is critical that **ABSOLUTE** confidentiality be maintained about what goes on in group sessions. In other words, you must not talk to others about anything that is said in your group(s). However, you may choose to talk about your own experience(s) in group(s). If it comes to the attention of your counselor(s) and or the court that you have violated this rule, you may be terminated from the program.

What are the Requirements if I am Admitted into Veteran's Court?

The VC Program is designed with three highly structured, comprehensive program phases, which last a minimum of 12 months to a maximum of 18 months. However, this may vary depending on your individual progress **ON rare occasions**, the Judicial Officer may allow you to remain in the program beyond 18 months for good cause. Each program phase consists of specific treatment objectives with clearly defined requirements for advancement to the next phase.

I. Phase I

Length: minimum of three months

1. Comply with treatment
2. Veteran's Court reviews once a week
3. Office visits with the therapeutic court case manager once a week
4. Develop a treatment case plan
5. Random drug and alcohol urinalysis tests
6. Address housing needs

In Order to Advance:

1. In compliance with the above phase requirement
2. Being honest
3. Obtain medical and dental assessments
4. Minimum of 60 days consecutive sober days
5. Minimum of 14 consecutive days with no violations prior to advancement.
6. Application for completion of Phase I completed and turned in to your court case manager at least two business days prior to advancement

II. Phase II

Length: minimum of five months

1. Comply with treatment
2. Veteran's Court reviews every other week
3. Office visits with the therapeutic court case manager every other week
4. Review the case plan with court case manager
5. Establish support network
6. Establish Pro-Social Activity
7. Address a plan to support oneself financially and/or work on education
8. Life skill classes, if recommended
9. Stable housing
10. Random drug and alcohol urinalysis tests

In Order to Advance:

1. In compliance with the above phase requirements
2. Pro – Social Activity
3. Maintain a recovery support network
4. Minimum of 120 consecutive days sober
5. Minimum 30 days without violations prior to advancement
6. Application to complete Phase II completed and turned in at least two business days prior to advancement.

III. Phase III

Length: Minimum of 4 months

1. Comply with treatment
2. Completed Domestic Violence treatment (if applicable)
3. Veteran's court reviews every three weeks
4. Office visit with court case manager every three weeks
5. Random drug and alcohol urinalysis test
6. Maintain recovery/support network
7. Maintain pro-social activities
8. Maintain safe and stable housing
9. Be able to be self-sufficient (eg. employment, financial aid and school attendance, SSI, retirement...etc.)

In Order to Graduate:

1. In compliance with the above Phase requirements
2. Comply with all legal requirements
3. Minimum of 180 consecutive days sober
4. Minimum of 45 consecutive days with no violations prior to graduation.
5. Application to complete Phase III completed and turned in at least 16 business days prior to graduation
6. Meet with court case manager weekly for the last three weeks prior to graduation
7. Completion of exit interview with court case manager
8. All restitution paid off in full, if applicable.

Treatment may deviate from the outlined schedule based on the participant's progress. Graduation from the Veterans Court will be determined when all treatment plan goals and legal requirements are met.

What is Court Supervision Like?

Veteran's Court participants are required to appear in court on a regular basis. Prior to each court review, the Judicial Officer and other team members receive a written progress report prepared by your treatment providers. The progress report may discuss your substance use treatment, mental health treatment, drug and alcohol testing results, attendance, progress toward goals, and participation and cooperation in any other treatment programs.

During the weekly, bi-weekly, or tri-weekly review hearings, be prepared to explain what you're focusing on in treatment and how you are complying with other Veteran's Court program requirements. The Judicial Officer may discuss what you are doing well, ask questions about your progress, and discuss any problems you may be having. If you are doing well, you may be rewarded with reduced program requirements or other incentives. If your progress report shows that you have a violation, the Judicial Officer will discuss this with you and determine a response to the violation in order to help you comply with your requirements in the program.

Incentives/Sanctions

Your treatment provider works closely together with the program manager and case manager regarding your progress in the program. The Judicial Officer and team also receive written progress from your treatment provider for the briefing meetings prior to each of your court reviews. Based on these reports, the Judicial Officer may issue a response to any positive behavior or to any violations.

Violations

- Late to Treatment
- Late to Court
- No Show for Court
- Inappropriate Courtroom Attire
- Cell phone use in the courtroom
- Missed UA, refused UA, or Unable to Provide a UA
- Missed call-in for UA
- Positive UA
- Tampering with UA
- Dilute UA
- Failure to Comply with Treatment Recommendations
- Disrespect to Staff
- Inappropriate Behavior at Treatment or Court
- Disengaged with all treatment
- Failure to cooperate with treatment provider
- Disrespectful or rude to team members
- Failure to Report Police Contact
- Any non-judicial punishment and/or failure to disclose any non-judicial punishment
- Dishonesty
- Forged Documents
- New Law Violation
- Failure to comply with a court order
- Failure to work towards financial stability
- Violating any conditions of the Veteran's Court Program Contract, the Treatment Provider Participant Contract, or any other conditions that you must follow.
- Not taking medication as prescribed (Including, but not limited to, taking more than prescribed, not taking prescribed medication, taking less than prescribed...etc).
- Entering any location that requires you to be 21+ to enter (Ex, Casino, pot shop..etc)

If you are charged with a crime while in the program, you will likely be terminated from Veteran's Court.

Responses

- Paper/ Essay: present in court
- Daily Calendar / Activity Log
- Letter of Apology
- Verbal Reprimand
- Journaling
- Community Service
- Educational Classes
- Increased meetings with court case manager
- Community Service (Assigned)
- Book Report
- Increased court appearances
- Daily Contact with Assigned Member
- Observe another Court Docket (Assigned)
- Holding cell
- Jail
- Flash Jail
- Day Reporting to court case manager
- Double the sanction if not completed on time
- Community Service with jail or municipal court
- Bench Warrant
- Team roundtable
- Interlock
- EHM - for home detention
- Continuous alcohol monitoring bracelet
- Tour of a prison

Positive Behaviors

- Attending all treatment appointments
- Attending all case manager appointments
- Attending all court hearings, on time.
- Participating in treatment
- Negative drug screens (30-45 days)
- Violation free 30 days
- Self-Reported violation
- Phase up
- Honesty
- Employment/school
- Support of Peer in Program
- First 30 days of negative drug screens in the community
- 60 Day Violation Free
- Complete an MRT Book
- Complete Treatment
- 90 Day Violation Free
- Getting Driver's License
- Opening a bank account
- Completing an education program

Incentives

- Verbal praise
- Recognition in court
- Bookmark
- Serenity Stones
- Coins
- Keychain
- Written commendations
- Frames for certificates
- Awards
- Dismissal of charges
- Gifting Recovery/Motivational books
- Awards

What will my Treatment Requirements be?

Your counselors will provide you with information about your treatment requirements. While treatment plans may have many common characteristics, your plan may be unique to your individual needs. For example, if your treatment provider assesses that inpatient treatment is recommended, then you are required to attend.

Your treatment plan requirements will be designed as a foundation for our success in the community. Any failure to follow your treatment plan is a violation. If you have questions about your treatment requirements, speak with your treatment provider.

What about Drug/Alcohol Testing?

All participants are expected to be drug and alcohol free; therefore, you may be required to be tested regularly for drugs (including marijuana) and alcohol. You must understand that testing occurs on a random basis throughout the entire program. You will submit an initial baseline urine sample during your intake/assessment process with your treatment provider. Every sample is directly observed. Your treatment provider will give you all relevant information on the process for calling into a phone number to determine if you are required to provide a sample that day. You are required to call in EVERY day, 7 days a week, including weekends and holidays, as directed by your drug/alcohol testing facility to determine if you must provide a sample.

The Veterans court team is informed of all UA test results. Any refusals or inability to test, no-shows/missed tests, and tampered with and/or low creatinine results are considered a positive UA test. If you get a positive test result, it is a violation and you will be contacted immediately to appear at the very next court review for a response from the judicial officer. It does not matter if it is on a day that you are not normally scheduled to appear.

Low creatinine.

Creatinine is a normal by-product of daily life (waste) that appears in the urine and is cleared by the kidneys at a regular rate. It is used to measure how diluted or concentrated a specimen is. Every sample you provide is tested to determine the creatinine level. The normal creatinine level can be altered by the quantity of liquid that you drink. An out of range sample (or low creatinine) is the result of ingesting excessive amounts of fluid so the urine becomes watery (also known as flushing) in an attempt to avoid detection of drugs and/or alcohol.

All urine samples with a creatinine level below 20mg are treated as a positive UA test result.

Medication policy:

You are required to provide a list of all prescription medications to your court case manager and treatment providers. All prescriptions must be taken as prescribed. Any changes to your medications must be discussed and approved by your medical provider and documentation of those changes must be provided to your Veterans court team.

Designer Drugs:

You are **NOT** to use any designer drugs or any drugs sold as “not for human consumption” or “novelty collector’s item” while in Veterans court. All use of these substances is a violation.

Examples include, but are not limited to:

- Synthetic Cannabinoids (Marijuana): Spice, K2, etc.
- Designer Stimulants: Bath Salts, Khat, Molly, etc.
- Other Designer Drugs: DMT, Kratom, Krokodil, Benzo Fury, BZP, Fly, BDO, Flakka, Gravel, Smiles, etc.

Food, beverages, and other substances:

It is your responsibility to limit and avoid exposure to the products and substances that may lead to positive test results for drugs and alcohol. It is your responsibility to read product labels to know what is contained in the products you use and to inspect these products before you use them. Terms used to describe alcohol in products that must be avoided include: denatured alcohol, SD alcohol, ethanol or ethyl alcohol. Examples of items that may contain alcohol are mouthwash, over the counter medications (such as Nyquil), some nutritional supplements, non-alcohol beer and wine, and kombucha. Additionally, avoid excessive use of hand sanitizer as well as breathing fumes of products containing alcohol, such as perfumes, or colognes, bug sprays, or other chemicals (lacquers or solvents). If you must use these products, use them sparingly, use a respirator, and avoid breathing the fumes. Finally, do not ingest poppy seeds as doing so may result in a positive UA.

Refer to the “Substances to Avoid” document for more detail

You are responsible for everything that enters your body. It is never an acceptable excuse that you didn’t know that that item could result in a positive UA result.

Sexual contact and drug testing:

Toxicologists agree that sexual contact cannot result in a positive UA. It is never an excuse that a positive UA is the result of sexual contact.

Courtroom Behavior

You are expected to maintain appropriate behavior at all times during Drug Court hearings and while in the courthouse.

You are held responsible for all of the following courtroom requirements:

1. You must be in the courtroom and seated before court starts
2. You must remain in the courtroom until all participants are seen by the Judicial Officer and you are dismissed.
3. Turn off all electronic devices **BEFORE** entering the courtroom.
4. You are not allowed to leave the courtroom once court has convened. Therefore, take care of any personal needs (i.e., bathroom, phone calls, etc.) **before** entering the court for your progress review.
5. **Courtroom Attire:** Appropriate attire must be worn in the courtroom. If you need assistance with getting appropriate clothing, speak with your case manager.
6. No eating or drinking is allowed in the courtroom.
7. Do not bring children to court if there is any chance that you may have a violation that may result in jail time.
8. Do not use the courtroom for socializing. Side-talking is disrespectful and distracting.
9. Do not chew gum in court.
10. Do not use profanity and/or offensive language.
11. The Judicial Officer should always be addressed as “Judge” “Commissioner” or “Your Honor”.

Calendar Add-Ons, Re-scheduling Treatment Sessions, and Special Requests

Attendance is mandatory for all program services, activities, appointments, and court appearances. The **only** acceptable reason for missing any of these are if you have an emergency. For example, if you are in the hospital, a car accident, another court, in a jail, or if you and/or your children are sick. If any of these circumstances occur; you **MUST** notify your treatment provider immediately, prior to missing.

Once again, the Veteran’s Court program is a privilege.
Therefore, you must remember that your participation in the program is the number one priority in your life.

Restitution

It is your responsibility to know the amount of restitution you owe. Payment of all restitution is required for graduation, and borrowing money from other participants to pay restitution is not allowed.

People, places, and things:

If you are seriously committed to living your life in recovery, you must change the people, places, and things in your life. As part of changing your people, places, and things and part of your Veteran's Court requirements, you are not permitted to spend time with people in active addiction or in locations where there is active drug use. Not only is doing so a violation, but if you ignore this fact, it will simply be a matter of time before you relapse or decompensate.

You are not allowed to go into any establishment that requires you to be over 21 years old to enter. Examples of these establishments include (but are not limited to) bars, vape shops, taverns, pubs, cannabis stores, casinos, or other gambling establishments. Any visit to these establishments is a violation.

Travel requests:

Any travel that may affect your treatment or program attendance must be approved by the Veterans court team. To get approval, you must fill out a written request and provide it to your court case manager at least two weeks prior to travel. If the request is for out-of-state travel, you will be required to sign a waiver of extradition.

What about Recovery/Support Groups?

If you are required to engage in substance use treatment you may be required to attend a minimum number of recovery/support groups/meetings each week. The number of meetings will be determined by your substance use treatment provider. You must attend each of these meetings **on separate days each week.** You may choose to attend more than one meeting on any given day, which you may find helpful and supportive; however, attending more than one meeting on the same day will only be counted as one meeting by the court. You must turn your signed meeting slip into your SUD treatment provider as directed. Your treatment provider will give you the details on how to turn this slip into them.

Graduation

Once you have successfully completed all phases of the program and complied with all legal requirements, written documentation must confirm that all goals in your treatment plan and all phase requirements have been accomplished. Then, the Judicial Officer, with recommendations from the other Veteran's Court team members, determines if all other conditions of graduation have been met.

Every graduation from the Veteran's Court program is a significant event, and yours will be the result of your hard work and your commitment. In recognition of the importance of your personal success and contribution to the welfare of the entire community, the Veteran's Court program will take the time to make your graduation ceremony reflect the significance of your accomplishment. Community leaders may be invited to attend your ceremony and to share with you and your family in the celebration of this occasion.

At the graduation, the Veteran's Court Judicial Officer dismisses your conviction(s). Having your charge(s) dismissed means that you will not have a felony(s) appear as a conviction on your criminal record; however, the charge will remain on your criminal record. You should speak with your attorney regarding expungement and reinstating your firearm rights. Dismissal does not restore your firearm rights.

Veteran's Court Contract

Name: _____

Case #: _____

1. I will participate in substance abuse treatment and other services as directed by the court and as set forth in my treatment plan.
2. I agree to be supervised by Veteran's Court and law enforcement.
3. I will obey all laws and maintain good conduct. I will obey all rules of the Veteran's Court/treatment program.
4. I will attend all treatment meetings, court dates, other scheduled appointments, and I will be on time.
5. I will not use or possess any controlled substance (including marijuana) or other drug without a valid prescription.
6. I will not use or possess alcohol.
7. I will not use or possess substances for the use or abuse as inhalants, commonly known as huffing.
8. I will notify my attorney and case manager of all contacts with law enforcement within one (1) business day.
9. I understand I am not allowed to go into any establishment that requires you to be over 21 years old to enter.
10. I understand that failure to fully participate, failure to appear, positive drug tests, or other program failures will result in sanctions being imposed against me which may include jail time and/or termination from the Veteran's Court Program.
11. I understand any jail time imposed will not be credited at time of sentencing if terminated from the program.
12. I understand that cell phones may not be used in court, treatment, group or individual sessions.
13. I understand that any attempt to falsify a drug test may be grounds for termination from Veteran's Court.
14. I understand that a missed UA test will be considered a positive test and will be subject to the same sanctions as a test which actually tested positive.

15. I will sign consent forms waiving confidentiality of any medical, treatment, or social service records. If I withdraw consent, I understand that I may be terminated from Veteran's Court.
16. I understand that a failure to appear for a court date may result in an immediate bench warrant.
17. I will keep the court, treatment provider, and the Veteran's Court case manager informed of my current address, all telephone numbers, and report any changes within 1 business day.
18. I have read, understand, and will follow all rules set forth in the Veteran's Court Participant Handbook.

I understand that upon successful completion of Veteran's Court, my plea of guilty will be vacated and my case dismissed with prejudice.

Signature of Defendant

Date

Substances to Avoid

(These are substances that could produce positive results and will be considered a positive UA)

Alcohol (In Any Form)	Alcoholic beverages, vapors, medications containing alcohol (such as cough syrups and liquid-caps like Nyquil and Robitussin), energy drinks containing alcohol, and foods containing alcohol (including those with trace amounts like Kombucha and non-alcoholic beer).
Amphetamine	Any medications containing Pseudoephedrine such as Alka-Seltzer Cold, Claritin-D, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sinarest, Sudafed, Tavist Allergy, Tylenol Cold or Allergy. <i>There are non-pseudoephedrine versions available for almost all of these. Check the label or speak with the pharmacist to make sure you are getting the correct type.</i>
Dextromethorphan “DM”	Cold and flu medications and cough suppressants such as Alka-Seltzer Cold, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sudafed, Triaminic, Tylenol Cold, Vicks 44. <i>There are non-dextromethorphan versions available of almost all of these. Check the label or speak with the pharmacist to make sure you are getting the correct type.</i>
Supplements	Diet Pills, metabolism supplements, energy enhancers may have ingredients that will produce a positive UA. A good rule is to avoid anything labeled “Not for Human Consumption.”
Cannabidiol (CBD)	All products containing CBD including, but not limited to Oils/tinctures, capsules, gummies, topicals, edibles, pens, isolate, patches, pet products, infused beverages, skincare products, suppositories, bath bombs, chewing gum, and honey.
Foods	ALL products containing poppy seeds. Common items like salad dressings, muffins, bread, hamburger buns, cookies, and crackers may contain poppy seeds.
Inhalants	Substances used or abused as inhalants, commonly known as huffing.

(Please initial beside each statement and sign below)

- _____ I agree to talk with the pharmacy if I have any doubts whether any over-the-counter medications I am purchasing contain pseudoephedrine, dextromethorphan, or alcohol.
- _____ I understand that if I take any of these medications, supplements, or food products, it will **still** be counted as a positive.
- _____ I am responsible for remaining in full compliance with the abstinence policy
- _____ I understand that I am responsible for everything that enters my body.

_____ I understand that all prescription medications must be listed to enable an accurate urine drug screen. Proof of prescriptions must be provided to either your caseworker or treatment provider or both.

Participant Signature

Date

Attorney Signature

Date

MASON COUNTY VETERAN'S COURT

Dilute UA policy

Please be aware that diluted (more like water than urine) UAs will be considered a positive test, are not acceptable and can result in a sanction.

Please discuss the following steps with your doctor and inform him/her about the FRC requirements regarding UA testing.

1. Eat food at least one hour prior to testing.
2. Do **NOT** consume large quantities (2 or more large cups) of water, coffee or other fluids immediately before your test.
3. Do not take/drink diuretics (any food, liquid or medication which causes increased urination). Diet shakes, teas, over the counter diuretic pills, cranberry juice and some energy drinks are examples of diuretics.

You are responsible to avoid behaviors which may cause a dilute UA!

I have read or had this information read to me.

Participant

Date

Mason County Veterans Court *Completion of Phase 1 Application*

Name: _____ Date accepted: _____

Anticipated date of advancement: _____

Minimum advancement requirements:	X = Complete	Counselor / Caseworker Initials
Has a minimum of three months in Phase 1		
Weekly court appearances with no unexcused absences		
Office visits with the therapeutic court case manager once a week		
Engaged and in compliance with substance abuse treatment (if applicable)		
Engage and be in compliance with other primary treatment (If applicable)		
Develop a treatment case plan		
Address housing needs		
Obtain a medical and dental assessment		
Achieve a minimum of 60 consecutive programmatic days sober immediately before advancement to phase 2		
No sanctions for at least 14 days consecutive prior to advancement		
Complete and turn in application for completion of phase 1 paperwork at least 2 business days prior to advancement		

1. What accomplishments have you made in your Recovery Journey so far? (Be specific please)

2. What aspects of phase 1 had the most positive impact on you? Why?

3. What aspects of phase 1 had the least positive impact on you? Why?

4. Is there any part of phase 1 you would change? What and why?

5. Why do you believe you are ready to advance to phase 2 of the Veterans Court program?

Signature: _____

Date:

Mason County Veterans Court *Completion of Phase 2 Application*

Name: _____ Date accepted: _____

Anticipated date of advancement: _____

Minimum advancement requirements:	X = Complete	Counselor / Caseworker Initials
Has a minimum of five months in Phase 2		
Bi-weekly court appearances with no unexcused absences		
Office visits with the therapeutic court case manager every other week		
Engaged and in compliance with substance abuse treatment (if applicable)		
Engage and be in compliance with other primary treatment (If applicable)		
Reviewed case plan with court case manager		
Established a support network		
Established a pro-social activity		
Addressed a plan to support oneself financially and/or work on education		
Has stable housing		
Develop a treatment case plan		
Achieve a minimum of 120 consecutive programmatic days sober immediately before advancement to phase 3		
No sanctions for at least 30 days consecutive prior to advancement		
Complete and turn in application for completion of phase 2 paperwork at least 2 business days prior to advancement		

1. What accomplishments have you made so far in your Recovery Journey? (Be specific)

2. What aspects of phase 2 had the most positive impact on you? Why or How?

3. What aspects of phase 2 were the least impactful on you? Why or How?

4. Is there anything you would change about phase 2? What and Why?

5. Please tell the team why you are ready to advance to phase 3 of the Veterans Court program.

Signature: _____

Date:

Mason County Veterans Court *Completion of Phase 3 Application*

Name: _____ Date accepted: _____

Anticipated date of advancement: _____

Minimum advancement requirements:	X = Complete	Counselor / Caseworker Initials
Has a minimum of four months in Phase 3		
Tri-weekly court appearances with no unexcused absences		
Office visits with the therapeutic court case manager every three weeks		
Engaged and in compliance with substance abuse treatment (if applicable)		
Engage and be in compliance with other primary treatment (If applicable)		
Completed Domestic Violence treatment (if applicable)		
Maintained a support network		
Maintained a pro-social activity		
Is able to be self-sufficient (eg. employment, financial aid and school attendance, SSI, retirement...etc.)		
Maintained stable housing		
Completion of exit interview with court case manager		
All restitution paid off in full, if applicable.		
Achieve a minimum of 180 consecutive programmatic days sober immediately before graduation		
No sanctions for at least 45 days consecutive prior to graduation		
Complete and turn in application for completion of phase 3 paperwork at least 16 business days prior to advancement		

1. What accomplishments have you made in your Recovery Journey so far? (Be specific please)

2. What aspects of phase 3 had the most positive impact on you? Why?

3. What aspects of phase 3 had the least positive impact on you? Why?

4. Is there any part of phase 3 you would change? What and why?

5. Why do you believe you are ready to graduate from the Veterans Court program?

Signature: _____ Date: _____